

# Volunteer Role Profile

Volunteer Role

**Family Support - Group Helper**

Volunteer Manager

**Volunteer Manager/Supervisor**

Where you will be based

**Children's services**

## Why we want you

Barnardo's protects, supports and nurtures the UK's most vulnerable children. Barnardo's helps bring out the best in children – no matter who they are or what they have been through. Our volunteers help make this happen.

## What you will be doing

- Setting up group activities in advance and clearing away afterwards. This might include preparing refreshments/snacks, organising the layout of the room, preparing resources and tidying the room after the group.
- Sharing knowledge and experience about parenting and offering positive solutions to difficult circumstances.
- Establishing trusting relationships with parents facing difficulties managing their roles/lives.
- Providing a listening ear and emotional support to parents in problematic situations.
- Providing information, advice and support to individual families, to enable them to achieve the desired outcomes within their support plan.
- Adhering to Barnardo's policies and procedures at all times, including Barnardo's: Safeguarding; Equality, Diversity and Inclusion; Health & Safety; Data Protection; Confidentiality; Recording policies and procedures.
- Participating fully in training and supervision.
- Volunteering within Barnardo's Basis and Values.

## The skills you need

- Reliable, punctual and trustworthy.
- Approachable and welcoming.
- The ability to communicate and engage with children, young people and families.
- Being non-judgmental and positive in their attitude to working with individuals from different backgrounds.
- Having some knowledge and understanding of supporting parents and carers, and the issues faced by disadvantaged families.
- Having personal experience with running a home and/or maintaining family routines.
- The ability empathise with children, young people and families, who may be facing difficult times in their lives.

## **What's in it for you**

- Full induction and training.
- Other training opportunities relevant to the volunteer role.
- Regular supervision and support.
- Out of pocket expenses agreed in advance.
- Access to the Barnardo's internal vacancy listing.
- Our volunteers tell us about lots of other benefits of volunteering including; experience of working with children, young people and families; experience for your CV; supporting your local community; meeting new people; increasing self-confidence; feeling like you are making a difference; improving your health and wellbeing; and a chance to contribute to a worthwhile children's charity.